

## Breakfast at Barnshaw

Licensed cafe

### Toast

Sourdough, seven seeded, bagel, slices of buttered tea cake, Continental & wholemeal served with butter & jam, Marmalade, nutella, local honey, peanut butter. £2.95

### Organic porridge

Served with poached seasonal fruit or berries, chopped hazelnuts & local honey £4.95

<sup>1</sup>Barnshaw Granola (contain nuts) Homemade Granola layered with greek yogurt, granola & fresh fruit £5.25

Fresh Fruit Platter £4.75

**Avocado**, with tomatoes on the vine, a poached hens egg & served with local bakery sourdough £8  
w/an extra egg £8.50  
w/ smoked salmon £10

### Sapling Farm Eggs free range eggs

Poached, scrambled or fried w/ toast £5.50  
w/ Scottish smoked salmon & toast £7.95  
w/ dry cured back bacon & toast £6.95

Please ask about our weekend specials

### Local Butchers Traditional Full English Breakfast

Handmade sausages, dry cured back bacon, black pudding, free range egg, mushrooms, tomatoes, baked beans, toast & butter  
Large £9.95  
small £8.50

### Vegetarian Breakfast

Halloumi, Vine tomatoes, spinach, field mushrooms, farm fresh egg & toast £8.95

### Breakfast Baps

Dry cured back bacon £4.50, add egg £5.00  
Butchers thick pork sausage £4.50, add egg £5.00  
Black pudding & egg £4.50  
Bacon, sausage & egg £5.00

**Big Bap**, Sausage, bacon, black pudding, tomato & egg £6.75

**Smoked Salmon** with cream cheese on a lightly toasted bagel £6.50

**Creamy mushrooms** on seven seeded toast £6.50

w/ an egg £7  
w/ 2 slices bacon ££8.50

*Gluten free bread and milk alternatives are available*

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<sup>1</sup> if you have an allergy please let us know as all our food is prepared to order in a kitchen where nuts, cereals contain gluten and other allergens are present and our menu descriptions do not include all ingredients. Full allergen information is available upon request